



September 2025

Dear Parent/Guardian,

Glenlola Collegiate has invited Love for Life to deliver a Relationships and Sexuality Education programme to Year 12 and Year 14 on Friday 19th September.

This external input enhances what we already deliver in relation to the Personal Development Strand of Learning for Life and Work through our LTC<sup>3</sup> programme.

Love for Life has a long-standing reputation for engaging effectively in the specific area of Relationships and Sexuality Education (RSE). All of Love for Life's programmes are age-appropriate, offering accurate information in an engaging manner, helping children and young people to learn, reflect and develop in their knowledge, skills and attitudes in this important area.

Outside organisations, like Love for Life, support us in our delivery of RSE. This external input is welcomed by teachers and pupils - 96% of teachers surveyed by Love for Life "agree or strongly agree" that "*pupils interact and learn more effectively as a result of the Love for Life programme input*".

The experienced and professional Love for Life team will create a safe and secure environment in which your young person can have engaging and respectful conversations about strong healthy relationships. Below is an outline of the topics covered in the Year 12 and Year 14 programmes.

| Year 12                                                                                                                                                                                                                                                                                                                                                                                                                                  | Year 14                                                                                                                                                                                                                                                                                                                                                             |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <ul style="list-style-type: none"><li>• Impact of media and peer pressure</li><li>• Identity &amp; self-awareness</li><li>• Positive friendships &amp; choices</li><li>• Sexting</li><li>• Pornography</li><li>• Healthy relationships and conflict resolution</li><li>• Child Sexual Exploitation</li><li>• Consent</li><li>• Pregnancy, STIs, contraception</li><li>• Pregnancy pathways</li><li>• Values &amp; expectations</li></ul> | <ul style="list-style-type: none"><li>• Self-awareness and understanding difference</li><li>• Relationship skills</li><li>• Communication in relationships</li><li>• Sexting</li><li>• Pornography</li><li>• Consent</li><li>• Pregnancy, STIs, contraception</li><li>• Pregnancy pathways</li><li>• Sex and alcohol</li><li>• Preparing for independence</li></ul> |

### **Educating Girls in Bangor for over 125 Years**

2 Valentine Road, Bangor, Co Down, Northern Ireland BT20 4TH

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Headmaster: W E Thompson BSc MSc MEd PGCE PQH(NI)



**Glenlola  
Collegiate  
School  
Bangor**

I trust that you, as a parent, guardian or carer, will be supportive of the programme and the school as we seek to address this very important aspect of our pupils' education.

If you have any queries, please do not hesitate to contact the school via letter or email.

Yours sincerely,

Mrs A Macafee

Health & Personal Development Coordinator

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