

August 2025

## Learning for Life and Work (LLW) at Glenlola Collegiate

Dear Parent/Guardian,

At Glenlola Collegiate some of our key School Aims include:

- To prepare pupils to become responsible, confident, independent learners with the skills required to embrace future life challenges.
- To equip pupils with the knowledge and skills to succeed in a dynamic technological era.
- To provide a safe and supportive environment, where positive behaviour is expected and rewarded and where pupils exercise sound judgement in relation to their own safety.
- To enable all pupils to develop fully their academic potential
- To enhance pupil's self-esteem and to encourage them to have self-respect, respect for others and to demonstrate honesty, compassion, empathy and generosity at all times.

Learning for Life and Work is a statutory element of the Northern Ireland Curriculum. Our delivery of LLW reflects the ethos of our School and seeks to help us achieve our School Aims. It is delivered through LLW lessons and across a range of subjects including Religious Studies, Biology, Child Development and LTC<sup>3</sup> (Learning to Care, Commit and Contribute), to name a few. Given the broad spectrum of the subject and the requirement for specialist knowledge when delivering certain topic areas, we regularly engage external agencies to deliver presentations to Year Groups. Furthermore, our School Nurse supports the delivery of various health related presentations.

Learning for Life and Work includes three areas which are: Local and Global Citizenship, Employability and Personal Development. Through LLW we deliver *Relationships and Sexuality Education (RSE)* which is a mandatory area of the curriculum.

Within timetabled lessons in School, pupils have opportunities to explore a wide variety of LLW topics including some detailed below:

## Educating Girls in Bangor for over 125 Years

2 Valentine Road, Bangor, Co Down, Northern Ireland BT20 4TH

Tel: 028 9147 5340 Fax: 028 9147 5345

[www.glenlola.collegiate.net](http://www.glenlola.collegiate.net) [info@glenlola.collegiate.bangor.ni.sch.uk](mailto:info@glenlola.collegiate.bangor.ni.sch.uk)

Headmaster: W E Thompson BSc MSc MEd PGCE PQH(NI)

<b>Key Stage</b>	<b>Topics Covered</b>
Key Stage 3	<p>Study Techniques</p> <p>Personal Career Planning</p> <p>Digital Resilience</p> <p>The Impact of Our Digital Footprint</p> <p>Internet Safety including the consequences of sending nude images.</p> <p>Dealing with Conflict</p> <p>Fast Fashion</p> <p>Health</p> <p>Sleep</p> <p>Exercise</p> <p>Refugees</p> <p>Healthy Relationships and Sex</p> <p>Consent</p> <p>Growth Mindset</p> <p>Teenage Pregnancy</p> <p>Menstrual Wellbeing</p> <p>Prevention of Early Pregnancy*</p> <p>Strategies to deal with Stress, Anxiety and Depression.</p> <p>Emotional Wellbeing</p> <p>Managing Change</p> <p>Dealing with Grief</p> <p>Bullying</p> <p>Making Informed Financial Decisions</p> <p>Our School Values</p> <p>Being a Young Carer</p> <p>Discrimination</p>
Key Stage 4	<p>Study Techniques</p> <p>Personal Career Planning</p> <p>Making Informed Financial Decisions</p> <p>Healthy Relationships and Sex</p> <p>Consent</p> <p>Abuse</p> <p>Domestic Violence</p> <p>Menstrual Wellbeing</p> <p>Protecting your Mental Health</p> <p>Digital Wellbeing</p> <p>Internet Safety</p> <p>Dealing with Grief</p> <p>Healthy and Unhealthy Coping Strategies</p> <p>Personal Safety</p> <p>Consent</p> <p>Alcohol, Vaping and Drugs</p> <p>Prevention of Early Pregnancy*</p> <p>Abortion*</p>

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Key Stage 5	Study Techniques Healthy Relationships and Sex Consent Abuse Domestic Violence Internet Safety Menstrual Wellbeing Protecting your Mental Health Digital Wellbeing Dealing with Grief Healthy and Unhealthy Coping Strategies Consent Alcohol, Vaping and Drugs Responsible Parenting Active Citizenship Voting Homelessness The Role of Charities
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I trust that you as a parent will be supportive of our Learning for Life and Work programme which aims to empower young people to achieve their potential and to make informed and responsible decisions throughout their lives.

The Department of Education has directed schools to make you aware that you have the right to withdraw your child from any element which is asterisked. If you wish to find out more about how to exert this right, please contact the School Office via email to request the relevant information. The email address to contact the Office is [info@glenlola Collegiate.bangor.ni.sch.uk](mailto:info@glenlola Collegiate.bangor.ni.sch.uk)

The asterisked topics have been taught in Glenlola Collegiate for many years in an age-appropriate and sensitive manner. As in previous years they will be taught in the subjects below:

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### Key Stage 3

Topic	Subject
Prevention of Early Pregnancy	Junior Science LTC <sup>3</sup>

### Key Stage 4

Topic	Subject
Prevention of Early Pregnancy	Child Development Biology Single Award Science LTC <sup>3</sup>
Abortion	GCSE Religious Studies

Should you wish to withdraw your child from teaching on one/ both of these topics, please be aware that knowledge of this topic is required for the GCSE examination in the subjects listed in the table above.

If you have any questions, please do not hesitate to contact the School via email or letter.

Kind regards,

Mrs O Glasgow  
(Teacher in Charge of Learning for Life and Work)

Dr C Larmour  
(Curriculum Vice Principal)

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