

# Glenlola Collegiate School

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28 November 2019

Dear Parent

As you are well aware by now there is a number of schools in our local area who have a significant number of pupils off sick due to the Norovirus. I would like to remind all parents that they should not send their daughters to School if they have had the sickness bug or another flu-like illness in recent days. The advice from Public Health Agency is that pupils should not return to school until 48 hours after symptoms disappear. Their advice on how to treat the illness states the following:

- Carry tissues and use them to cover your mouth and nose when you cough or sneeze, dispose of the dirty tissues quickly and wash your hands regularly.
- Always maintain good personal hygiene, in particular wash your hands after going to the toilet and before preparing or eating food.
- If you are vomiting or have diarrhoea, don't visit friends or relatives in hospital or residential and nursing homes, and avoid visiting your GP's surgery – it is much better to phone for advice first.

If children are suffering from symptoms of the virus they should not put themselves or others at risk by coming into School.

We would greatly appreciate your co-operation and understanding regarding this matter and wish all of our pupils a speedy recovery from this unfortunate illness.

Yours sincerely

A handwritten signature in black ink that reads 'W E Thompson'.

W E Thompson  
Headmaster

