



24 September 2019

Dear Parents/ Guardians

As a new year commences we would like to take this opportunity to remind you of this important information. You will have received this email in May but due to its high level of importance for pupil safety we would like to remind you of the following:

Nut Free Zone

I would like to take this opportunity to remind you that our school is a '**Nut Free Zone**'. We have several pupils who are severely allergic to nuts and coming into contact with nut products or being in an environment where nut products are being consumed could have life-threatening consequences.

Therefore the following items cannot be brought into school;

- Packs of nuts
- Peanut butter sandwiches
- Cereal bars that contain nuts
- Chocolate bars, sweets or biscuits that contain nuts
- Cakes made with nuts
- Nutella
- Pesto

I cannot stress how important this is, please help us to provide a safe environment for all our pupils.

Asthma

Recently we have had a number of pupils with asthma forgetting to bring their inhalers into school and having to use the school emergency inhaler. Please can I ask if your child has asthma that you check they are carrying their inhalers and remind them to bring them into school every day.

Many Thanks

Bethany Connaughton
School Nurse