



How to construct a Revision Timetable

Before we begin, here are a few things you need to work out first.....

How many subjects do you have to study for? _____

1) _____

6) _____

2) _____

7) _____

3) _____

8) _____

4) _____

9) _____

5) _____

10) _____

Are there any subjects you feel you might need to spend a bit more time on during revision? For example, are there any that you didn't do quite so well on in your Spring Tracking?

Do you have any commitments during the week that are going to make revision difficult on some days? For example, if you play hockey, when do you play and for how long?

Sunday: _____

Monday: _____

Tuesday: _____

Wednesday: _____

Thursday: _____

Friday: _____

Saturday: _____

So now you have this information, how do you fill the time table in?...



1. If you get in from school at 4pm, give yourself time to chill out and relax before starting work. Rest your brain and start your revision at 4.30pm. So your first revision slot might be from 4.30-5.10pm. Take a ten minute break after this and start your next revision slot at 5.10pm and study until 6pm.
2. It is up to you to decide when and what you will study. If you have hockey on a Wednesday night at 6pm, for example, you can just shade out revision slots then
3. Study Times at the weekends may be different - you might want to do some work in the mornings instead.

Revision...the rules!

- No more than 40 minutes non stop revision at a time!
- Don't overdo it! Revising solidly from 4pm until midnight will exhaust you and your brain! A tired brain can't learn! Make sure you get plenty of sleep and have a proper break for meals.
- Take a ten minute break in between sessions; get a drink, stretch your legs and give your brain a break!
- Be proactive! Simply reading notes is no help to you - makes notes, mind map and use colours! Keep your brain busy! Don't let it switch off!
- Spread your subjects out too. Don't choose to revise three difficult subjects one after the other on the same day. You will get bored! And make sure you use a variety of techniques. Do some note taking for one subject, some mind mapping for another and maybe try some past paper questions out for the next subject after that!
- Attached is an example of a revision timetable. Every person is different though, so every revision timetable is different - you need to work out what is best for YOU!
- Lastly, don't panic! If you are organised, you will be fine! Lots of regular revision, slotted into your normal routine, is a hundred times better than manic swotting the day before the exam!

