

# Glenlola Collegiate School

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October 2017

## Study Skills Workshop

We have booked an agency named 'Tree of Knowledge' to present a motivational and study skills workshop entitled 'Laugh in the Face of Exams' to our Year 12 pupils. This event has been a great success in previous years. Our pupils felt it was very helpful for motivation and study methods. The presenter used humour to both get, and keep, the pupils' attention.

Areas which will be addressed are:

- The importance of whole brain learning
- Emotional intelligence in young people and adults
- Benefits of relaxation
- The wonderful world of your mind and how consciously/sub-consciously you think
- The effects dreams and aspirations have on us all

The event is being subsidised by the School. We feel that it is important for all pupils to be able to attend a workshop which focuses on skills necessary for success throughout their academic careers. Thus the cost is only £3 per pupil. This includes an evening session of around one hour for Year 12 parents. This gives the opportunity for parents to reinforce the content with their daughters as well as experience a stimulating and enjoyable evening themselves.

The event will take place during the day for pupils on Wednesday 25 October, with the evening meeting, for parents only, starting at 7.30pm.  
Please complete the permission slip below and return with the requisite amount to your daughter's Form Teacher by Friday 13 October 2017.

R Spence  
Head of Middle School

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### GLENLOLA COLLEGIATE SCHOOL

**Permission slip, to be returned to Form Teacher by Friday 13 October.**

**\*I/We \*intend/do not** intend to be present at the Parents' Evening presented by Tree of Knowledge on Wednesday 25 October. (\*delete as appropriate)

I enclose £3 to cover the cost of my daughter's attendance at this event.

Pupil's Name \_\_\_\_\_ Form Class \_\_\_\_\_

Parent's Signature \_\_\_\_\_